

This Pivot monograph provides a conceptual statement of an approach to understanding the interrelationships of work, leisure, and “chore” activities in daily life, and how they are managed in practice.

Drawing on the sociology of everyday life, Stebbins puts forward the notion of *Pondering Everyday Life* (PEA), a thinking process/activity in which we routinely understand, coordinate, organize, remember, and compare our involvements in work, leisure, and non-work obligations. This perspective demonstrates how the interrelation between these three domains helps bring meaning and continuity to everyday life. As a micro- and meso-level conception that takes into account social, cultural and historic context, Stebbins contemplates how and what PEA can tell us about an individual’s view of their own life.

*Pondering Everyday Life* will be of interest to students and scholars across leisure studies, social psychology, and the sociology of leisure and work.